



5-Day Nutritive Cleanse

The 5-Day Nutritive Cleanse™ facilitates gentle and effective cleansing to improve overall health and well-being.* A minimum of four, easy cleanses a year with our 5-Day Nutritive Cleanse and continued nutritional maintenance will help balance the extremes of the modern diet.

This nutritive cleanse includes the following: **Ningxia Red**, an energizing, replenishing, whole wolfberry nutrient infusion (1 liter); **Balance Complete**, a super-food-based, daily, superfood energizer and nutritive cleanse (26.4 oz.); **Digest + cleanse**, which soothes gastrointestinal discomfort and supports healthy digestion* (30 softgels).

Note: The 5 - Day Nutritive Cleanse is a starting place. More intense and targeted nutrients may be required for your particular situation.

- [Five-day Nutritive Cleanse Brochure \(PDF\)](#)
- [Digest + Cleanse \(PDF\)](#)
- [NingXia Red \(PDF\)](#)
- [Balance Complete \(PDF\)](#)

How to use: Please refer to the Five Day Nutritive Cleanse brochure. A link is provided above.

Ingredients:

Balance Complete™: V-Fiber Proprietary Blend (Ningxia wolfberry (Lycium barbarum) fruit, brown rice bran, chicory root fiber extract(FOS), larch polysaccharide, guar gum, konjac, xanthan gum, and sodium alginate), whey protein concentrate, nonfat dry milk, natural vanilla flavor, virgin coconut oil, lecithin, fructose, calcium, xylitol, Proprietary Enzyme Complex (lactase, lipase, bromelain, papain, and amylase), magnesium oxide, barley grass, cream flavor, neohesperidin derivative (flavor from natural citrus), mixed carotenoids, cinnamon powder, barley grass juice, lo han kuo extract, aloe vera, vitamin C (ascorbic acid), mixed tocopherols, selenium, vitamin B3 (niacinamide), zinc oxide, molybdenum, beta-carotene, vitamin B5 (pantothenic acid), vitamin B6 (pyridoxine HCl), chromium nicotinate, vitamin B1 (thiamine HCl), vitamin B2 (riboflavin), vitamin D3 (cholecalciferol), vitamin B12 (methylcobalamin), folic acid, orange (Citrus sinensis)† rind, biotin, and iodine.

Digest + Cleanse™: Peppermint (Mentha piperita)† leaf, Caraway (Carum carvi)† fruit, Lemon (Citrus limon)† peel, Ginger (Zingiber officinale)† root, Fennel (Foeniculum vulgare)† seed, Anise (Pimpinella anisum)† fruit), Coconut (Cocos nucifera), meat oil [virgin], coconut (Cocos nucifera) meat, oil [fractionated], gelatin, glycerin, and aqueous, coating solution (oleic acid, sodium alginate, medium-chain fatty acids, ethylcellulose, and stearic acid).

NingXia Red®: Whole Ningxia wolfberry (lyceum barbarum) puree, Blueberry (Vaccinium corymbosum) juice, Pomegranate (Punica granatum) juice, Apricot (Prunus armeniaca) juice, Raspberry (Rubus idaeus) juice, Organic blue agave (A. tequilana) nectar, Grape (Vitis vinifera) seed, skin, and stem, Lemon (Citrus limon)† rind, Orange (Citrus sinensis)† rind, ascorbic acid, natural blueberry flavor, potassium sorbate and sodium benzoate.

Young Living Therapeutic Grade™ essential oil

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Code:	Preferred Customer Price	Customer Price
3296	\$112.89 USD	\$128.29 USD

Wholesale Customer Price is \$97.50.

How to Order: Call Young Living at (800) 371-2928, or go to www.youngliving.us. Use Anna Winkler's YL Member #905638. Call Anna at (973) 727-9910 with any questions, or email anna@shaktinj.com.